



Choose a Trail

Hiking Options for the Trout Adventure Trail

A proud partnership of Trout Unlimited, the US Forest Service, and Boy Scouts of America



GREEN ROUTE

The GREEN route involves hiking between the two end points of Springer Mountain and Long Creek Falls, and the return hikes are on the same trail rather than a loop trail. At 10.2 miles long, this is a shorter version of the GOLD route, which involves looping rather than backtracking. Still, this hike has the advantages of a great view from Springer Mountain, hiking along and across trout streams, and experiencing the waterfall at Long Creek Falls. It includes the BLUE and RED routes above plus a walk downhill on the Appalachian Trail from Springer Mountain to Three Forks and Long Creek Falls and return uphill. Along the route, hikers experience a cathedral stand of mature Eastern Hemlock trees, a tree threatened with extinction by invasive species. Hikers can opt to start from either Springer Mountain Parking area or Three Forks. If this route is started and ended at Three Forks, the long descent from Springer Mountain to Three Forks comes at the end of the hike rather than at the beginning.

For more detailed planning information, driving directions to the parking areas and educational opportunities, see [\[insert hyperlinks\]](#).